Howa Ge.

REPORT OF HOMEMAKING EDUCATION PROGRAM

Part I. STATISTICAL

| Year 1941 - 4 |
|---------------|
|---------------|

| County Loudo | un | School | | Leesburg | Teacher | Grace H. | Jenkins | · Zaniji |
|-----------------------|-----------------------------|----------------|-------|---------------------------------------|--|---------------------------------------|---------------------------|------------------------|
| | Program | | • | | (Do not includ | de NYA or | out-of-sc | hool |
| Subject of course | Number courses taught | Enrol Women | | Taught by H.E. Teacher Alone | Taught by H.E. teacher with asst. of nurse or someone else | Taught by someone else alone | Meetings per course | Hours per course |
| Home Nursing | in the | <u>n</u> • / | 12: 1 | Athena pol | nell below w | t and been | Lar ex | 79.7% |
| Nutrition | 11 1 | 31 | 1000 | v. | 2. m 89 K) | | 10 | 20 |
| Canteen | 2 | 36 | | V | | | 8 | 20 |
| First Aid | • • | - | 1 | | i.i. | | | • • |
| Consumer Education | | | | | | | | |
| Clothing | er gerein in | <u>. 7500</u> | ull L | | L. Martine | | Carre Carre | pis (ili) mineral |
| Other subjects | n. | 4 E B 18 | | Augustan . | | | | J-ea |
| Did you teac! | a class | aid ex | | r this se | of-school yout rvice). No. | h? (Do no | t include | |

| | Number | | Imant | Taught | Taught by H.E. teacher with asst. | Taught by | Meetings | Houng |
|-----------------------|--|-------|--------------------------|--|---|--------------------------|-------------------------|--------|
| Subject of course | The second secon | Women | THE WHILE SERVICE STREET | teacher | of nurse or someone else | soméone else alone | per course . | per |
| Home nursing | | | | atone | Someone else | arone | Course. | Course |
| Nutrition | - 12° | | - | 7 6 | | | Variation of the second | ON. |
| Canteen | | | | | | | | |
| First Aid | | | | | | | -A.R | |
| Consumer Education | | | | | | | 11:00 | |
| Clothing | | | | | | | S. (311 S.) | |
| Other Subjects | | | | and a famous of the state of th | | | | |

| | | | | | | | | | | | | | | 2. |
|---|---------|---------|----------------------------|------------|-------------------|-------|--------|----------|-------------|----------|---------|-------------------|---------|---|
| | | | | | | | | | Scho | 001 | : | Lees | ourg | |
| Was instruction | pr | ovide | d in | regu | ıler | day | scho | ol cl | Lasse | s fo | r o | ut-o: | f-scho | ool youth? |
| Was out of scho following? General school | | | | | | | | | | | | | | |
| Agricultural Bo | | | | | | | | | | | | | 1 25 /2 | |
| How many meeting have you attend | s cled? | f com | mitt O | emen | and | comm | itte | ewom | en of | Yio | etor | y Ga | rden F | rogram |
| How many agricu | | | | | | | | | Private S | en he | eld? | ociesy service | 2 | o sheldus |
| How many have J | rou | atte | nded | ? | 2 | | | <u>.</u> | | | | | | dout o |
| Were you assign | ned | the r | espo | nsibi | ility | for | wor | rking | with | n de: | fini | te c | ommit | tees in |
| your County? | V | | | . Giv | re na | mes | or c | lescr | iptiv | re ti | iţle | s of | commi | ittees |
| How may Victory | r Ga | rdens | hav | e bee | en pl | ante | ed or | imp | rove | i as | a r | esul | t of g | your |
| efforts? | | | | en propo d | Marie - | - | - | | of the same | | | - | - | Piert Ald |
| High School Cla | | | | | | | de car | - | | | | William Labor | | Consumer Lity on Lity |
| Number of week | 5 yc | u wer | e em | ploye | ed | 40 |) | <u> </u> | Nur | nber | of | Mont | hs you | ı were |
| employed1 |) | | Numb | er o | f wee | eks s | choc | ol wa | s in | sess | sion | | 36 | Other |
| soutent de | una | | | | | | | | | | | | | |
| | | | | | | | | | | x: b | | | | |
| | | .yr. | | | | | | ch yr | | | | | | |
| No. pupils enrolled in | В | G | В | G | В | G | В | G | В | G | B | G | В | G |
| entire high | 3 1 | mr of | 411 | oc. i | .5. | | fring. | | | | 1/2 | doub | | , |
| school | erio | moe | 32 | 16 | 29 | 20 | 22 | 29 | 18 | 24 | - | ***** | 101 | 89 |
| No. Pupils | | | 7. | 11/27 | | | 7 6 | | 111 | MILIBO | | (STALL) | * | * 7400 |
| by years of | | Millian | 115 | 2.50 | | | area! | | | | | | | |
| high school | | | | | | | | | | | | | | |
| enrolled in | | | 10-100 | | | | | | | Silvery. | Janes . | and the same of | | STIME DESCRIPTION |
| home econom- | ***** | - | | | 400 | 22 | | 9 | | 17 | | | 1 | 48 |
| ics classes | | | | | - | 66 | | | 1 = | | 1 | 1 | | =0 |
| В. | | | | | | | | | | | | | | (montre) |
| • | | | a the section of the first | H.E | The second second | | I.E. | II | H.E | | - | | IV | Total |
| No. enrolled | in | H.E | | В. | G | F | 3 | G | _B | G | E | 3 | G : | B G |

25

5

400

by years of H.E. course.

Total No. hrs. per week given to home economics class

instruction

. 12

5

11

7言

17월

^{*} Be certain that these totals correspond. Exactly the same total number of boys/under A should appear as under B. This applies to girls also.

| DAILY SCHOOL | SCHEUULE |
|--------------|----------|
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the second secon

Give full information on your entire school day from the opening hour of the school to dismissal in the afternoon.

The second secon

| Hour . | Course taught or Duty performed | Fin ollment |
|--|--|-------------------|
| 9:05 10:05 | Home Economics I | 25 |
| 10:05 11:05 | Home Economics II | 12 |
| 11:05 11:30 | Physical Education | |
| 11:30 12:15 | History IV | 29 |
| 12:15 1:00 | Lunch hour | 40-00 |
| 1:00 1:45 | Home Economics III | 11 |
| 1:45 2:30 | The state of the s | *** |
| 2:30 8:15 | Study Hall | 7 |
| Number boys enrolled | in exchange classes with Agriculture 0 | • |
| and the state of t | in exchange classes with Trades & Industry | |
| Min(Do not | include supervision after school hours and | on Saturdays |
| and holidays nor time | e set up in schedule for other purposes such | n as study hall). |
| Number individual hom | mes visited for purpose of supervision of he | ome projects 47 |
| Total number home vis | sits made during year 84 | |
| Have you visited the | home of each pupil enrolled in your classes | ? Yes ? |

| | | • |
|---------|--------------|---|
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| ~ ' 7 | Leesburg | |
| School | | |
| OCHOOT. | - | |
| | | |

*Summary of work on problems of homemaking carried on during year 1941-42.

| | | Numb | | |
|---|-------------|----------|-----------|------------|
| | Year of | | Problems* | Total Home |
| Type Project | H.E. Course | Boys | Girls | Problems |
| Care and guidance of children | 111 | | | |
| Consumer buying | III | | 9 | 9 |
| Family and social relations (including recreation) | III | | 16 | 16 |
| Health and home care of the sick | II, I | <u> </u> | - 5 | 5 |
| First Aid | | | | |
| Home improvement (interior or exterior) | III | | 13 | 13 |
| Homemaking problems that cut across several areas | II | | 10 | 10 |
| Home management | | | | |
| Joint projects with pupils in agric. | | | | |
| Joint projects with pupils in distrib- utive education | | | | |
| Laundering | ш | | 6 | 6 |
| Personal care and improvement | II, I | | 8 | 11 |
| Provision of food for the family | III, II, I | | 49 | 49 |
| Selection, care, construction and renovation of clothing | III, II, I | | 40 | 40 |
| Home Production: Gardens | | | | |
| Poultry | | | | |
| Unclassified | , | | 1 | 1 |

^{*} Report as home problems work done at home and at school which has met the following standards:

- (1) Cooperative parent-teacher-pupil selection of problem for work.
- (2) Definite goals set up by the pupil for the solution of the problem.
- (3) Definite plans made for reaching goals.
- (4) Record of progress made in work on goals.
- (5) Evaluation of work done on problem by pupil, teacher, and parent.

| for the second of the second o | A Company of the Comp | School | Leesburg |
|--|--|--|--|
| Production and income ea (Include work done at so | rning activities in | homemaking edu a part of the | cation program: class program) |
| No. new garments made_ | 148 No. arti | cles furniture | refinished 22 |
| No. garments renovated | 65 | | · |
| No. household article | made 137 | No. home garden | s cultivated 22 |
| No. jars food canned | 432 No. pig | s raised 4 | |
| No. meals prepared and s | served 567 | _No. chickens r | aised |
| No. home nursing or firs | st aid articles made | or improvised | 18 |
| Other production activit | cies: | e e 17 ligis le distribuir de la companya de la com | to the second of |
| a de la Collega | en Amerika di kananan da kanan da kana Kanan da kanan da ka | are any more a deline, we says that you is hely as a legal | and garren to the transition of the first of |
| and the second of the second o | the second section that is come a companion who has been designed by | , a provide of gloricologic and agent of gloricologic of | and a contract of the second o |
| How many class periods pand pupils in developing | • | | |
| Are you helping pupils the regular units of wor | | | |
| The second secon | and artification (特的)的。 | | with your assistance. |
| Grades 5 6. | - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 | | e Barriore de la companya de la comp Barriore de la companya de la compa |
| Are you teaching separat | e classes for pupil | ls in the elemer | ntary school? No |
| Enrollment: Boys | Girls | , | A A Carlo Ca |
| Are any over-age element making classes? No | nr; purls being er Enrollme | rolled in regulent | ar high school home- |
| Check ways in which you | and your pupils have | re assisted with | n the school lunch program |
| Supervision Y : Prapa | revion of food by | oupils in home | económics classes; |
| Home economics pupils in | sist in lunch room | Instruc | ction of lunch room |
| workers Piannia | ig me <i>n</i> ius 🔻 ; Buyi | ing food T | ; Keeping accounts v ; |
| Assist in serving food_ | | ool lunch was so | erved 80 ; Total hours |
| given daily to lunch roo | om work 1/2 Hr.; Av | verage number pu | upils served daily 80; |
| Number of these minils : | receiving free lunch | nes dails: 55 | |

| en e | | | S | chool | Leesburg | |
|--|---------------------|---------------------------|---|-------------|------------|-----------|
| | | , | | | | |
| List ways in which housing been improved: | g and equ | ipment of | your ho | me economic | s departme | ent has |
| Buying of Equipme | nt. | | | | | |
| | . ' | • • | , pro-s | , | | • |
| | | | | · | | ; |
| The second secon | | 141 | · ···································· | | | |
| List new pieces of equipme | ent added | : Sew | ng mach | ine | | ′ |
| | | Cooking | | • | , | • |
| | | | | | · | |
| State value of new equipment of the economics reference | • • | | | | | |
| The second secon | General | 1 | Child | Home Manag | e_ Family | Consumer |
| | Foods | Clothing | | ment | Relat. | Education |
| No. books on hand | 18 | 30 | 4 | 11 | 17 | 8 |
| No. books added this yr. | 88 | 2 | 3 | 2 | 7 | 0 |
| No. books needed next yr. | 2 | 0 | 3 | 8 | 0 | 6 |
| Did your girls have a clu Number club meetings held Did your club participate | l duri n g a | school yea inty Rally? | r 8 No | | | g of club |
| | | | | ith F. F. A | · | |
| How many girls in your hor | me econom | ncs classe | s are e | nrolled in | 4-H Clubs | 2 5 |

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| School | Leesburg |
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PART II. NARRATIVE

This part of the report should be typed on business size staionery. Please write name of school on each sheet.

- 1. If you are making cumulative records on pupils, attach one or more records (copies) to this report.
- Describe work done by pupils on the solution of problems related to the present war emergency. Select any two problems from the following areas or others not covered here with which you have dealt in class this year: The grafter is the common to the common the common terms of the co
 - ₩ How can families be well fed? How can the family income be used to meet urgent family needs?
 - How can families care for the sick in the home? How can family morale be maintained?

How can families be housed adequately?

How can families and communities cooperate to meet emergencies?

Describe work in outline form according to the following steps:

a. Nature of the problem:

. .

- b. Purposes developed by pupil or pupils in dealing with the problem.
- c. Significant work done by pupils in work on the problem, both at home and at school.
- d. Results.
- Enclose with this report pupil records of work done on home problems which resulted in significant growth of the girl. Attach a short statement of why you feel this has been of value to the pupil.
 - 4. If you have participated in one or more of the following types of cooperative work in furthering education for home and family life in the school and: community, please include a description of the main features of work done.
 - a. Work with elementary teachers in development of a program for children in grades.
 - b. Work with core curriculum teachers in development of experiences in homemaking in the eighth grade.
 - c. Work with the agriculture teacher in developing a joint program of home economics and agriculture.
 - d. Work with other teachers in developing a program of adult education.
 - e. Work with some other agency or agencies to develop education for home and family life. Special emphasis should be given to reporting on work with the County Agriculture Board and the local Defense Council.

^{*} Home problem defined on page 4.

| School |
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- Leesburg

 f. Work with other teachers in school or other agencies in the furthering of education for out-of-school youth.
- gi Describe what you have done to emphasize teacher-pupil-parent cooperation in building the home economics program in your school.
- h. For what purposes have the homemaking facilities in your school been used other than for regular in-school home economics classes?

If you have held one or more adult or out-of-school youth classes this year please state the problems dealt with by the group or groups.

Attach report on home economics club (The report should be made by the girls):

- as Objectives for year.
- c. Achievements.

Outline the goals you have for the development of your instructional program for next year.

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terior in the maintaine and the street was the company things will be that

Program are and oil being held their power wew. The

not salve of heart backup, a decoration

a said a line of the will be at your

Approved:

2. How can families be well fed?

- a. Nature of problems
 - 1. Approached from standpoint of national malnutrition as discovered by defects of draftees.
 - 2. Also early Virginia state nutritional survey showed that our county nutritional status, though second in rank, was not as high as it should be.
 - 5. Living in an excellent agricultural section it seems that we should be well fed.
 - 4. Increase in cost of living has made us realize the importance of getting the best for our money.
- b. Purposes developed by pupils in dealing with the problems
 - 1. To study our nutritional habits and improve those needed to meet the the nutritional yardstick.
 - 2. To improve individual eating habits and to carry over into the home and improve the family's eating habits.
 - 3. To use every opportunity with friends to make them conscious of a distinct need for better nutrition.
- c. Significant work done by pupils in work on the problem both at home and at school:
 - Planned and prepared meals for various income levels at school and used those at home which seemed most likely to fit that particular family. Several reported that they took over the whole process for a meal or one day or several days and they and their femilies were quite pleased with the effort and results.

d. Results:

- 1. Reports by individuals of better health, better vision, etc.
- 2. Reports by individuals of learning to like certain foods heretofore disliked.
- 5. Gain in weight of few underweights and better figures of one or two overweights due to cating of proper food.
- 4. Ability to work out better plans for meals developed and practiced.

How can families care for the sick in the home?

a. Nature of problem:

There of course has been keen interest in the community in First Aid. The adult classes proved so successful that the high school pupils asked for courses which for one reason or another had to be postponed for some time. Since interest was aroused it seemed an appropriate time to start a unit in Home Care of the Sick. The cause and prevention of diseases, symptoms, and care, and nutrition proved to be very interesting and First Aid which followed took care of emergencies.

b. Purposes:

- 1. To understand the causes in order to be able to prevent as much sickness as possible.
- 2. To be able to take care of emergencies and sickness when and if the occasion arises.
- 3. To be able to improvise sickroom equipment.
- 4. To be able to make a sick person as comfortable as possible.
- c. Significant work done by pupils in work on the problem at school and at home:

Along with the unit on Home Care of the Sick in Home Ec., each girl also took the standard First Aid course as taught by a certificated American Red Cross instructor. In First Aid emergencies were dealt with while in Home Economics classes the common diseases were dealt with, so that one course supplemented the other.

Several of the girls have since had to put into practice at home some of the knowledge gained in class because of short or longer illnesses of members of their families.

d. Results:

Many of the girls have not had a chance to put into practice all or even a large part of that which they have learned for we don't have sickness at such convenient times. However, it may be that they have done a good job on the preventive side, which is the more important anyway. This was one of the most interesting units taught this year.

I have taught one nutrition class and two courses for the Canteen Corps under the direction of the American Red Cross. Each course was taught twenty hours or the equivalent. The interest of the groups was high and attendance was good. There is evidence of interest in another nutrition course which may or may not get under way before next fall.

h

The facilities of our homemaking department have been used by the F. S. A. supervisor and Home Demonstration Agent for demonstration work during the year. The nutrition and canteen classes which were taught also used charts, posters and other equipment for instruction purposes.

Home Economics Report

Objectives:

- 1. To hold a meeting every second Wednesday in the month.
- 2. To have a program at every meeting.
- 3. To give at least one assemble program during the year.
- 4. To have every member participate in one of the programs.
- 5. To take one of the objectives of the S. C. A. as our project.
- 6. To help the S. C. A. as much as possible in any other work it carries on.
- 7. To raise funds to carry on our year's project.
- 8. To have one social program sometime during the year.

Programs:

October- Short skit and refreshments.

November- Installation services.

December- Play

February- Play

March- Moving pictures on garden vegetables and bugs by a professor at V. P. I.

Achievements:

- 1. Sold vanilla to raise funds for mecessary expenditures.
- 2. With the money from vanilla we improved the basement, which we took over from the S. C. A. as our project.
- 3. Had programs related to Home Economics at each meeting.
- 4. Nearly all the members participated at one time or another in our programs.
- 5. Held a joint picnic with the F. F. A.'s.

Goals for the development of next year's instructional program:

- 1. To again place major emphasis on nutrition food preparation and preservation in all classes.
- 2. To place more stress on consumer buying than in the past.
- 3. To develop recreational facilities which may be enjoyed at home and without any or little cost.
- 4. To take care of and renovate clothing on hand to get best possible wear.

| School Leash urg | D | ate Mey 15 1942 | |
|--|---|--|--|
| (Check or indicate number of each article you have in your department. Make two copies of inventory, one to be left in your files and one for the superintendent. | | | |
| Food preparation unit | Kitchen ütensils cont'd | Serving unit cont'd | |
| Zabinet Cabinet Sink Floor covering Table Stool Garbage pail Waste basket Towel rack Refrigerator Refrigerator Cabinet for dishes Cabinet for dishes Chairs Kitchen utensils Mixing bowls Biscuit pans Cake pan Muffin pan Egg beater Sifter Pie pans Sauce pan, 3 qt. Sauce pan, 2 qt. Sauce pan, 1 qt. | - Canner - Food chopper - Coffee percolator or dripolator - Tea pot - Scales - Quart measure - Knife sharpener - Deep fat frying pan and basket - Ice cream freezor | - Breakfast plates - Salad plates - Soup plates - Tea pot - Fruit saucers - Cereal bowls - Platter - Vegetable dish - Covered dish - Covered dish - Cups and saucers - Tea glasses - Coasters - Tea glasses - Coasters - Water pitcher - Water pitcher - Pickle dishes - Tumblers - Dinner knives - Dinner forks - Salad forks - Sugar spoon - Butter knife - Dessert spoons | |
| - Sauce pan, 1 pt. u Double boiler can opener | Broom Dry mop Wet mop | Cold meat fork - Iced tea spoons | |
| Meat knife Paring knives Grater Strainer Tea kettle Vegetable brush Measuring cups Table spoons Teaspoons Forks | - Wet mop - Scrub bucket \ Dust pan - Carpet sweeper - Wall mop \ Radiator brush - Bowl brush - Tub brush - Electric sweeper | Table linen Table cloths Silence cloth Breakfast napkins Dinner napkins Table runner Doilies Luncheon napkins | |
| 4 Mixing spoons, wooden Skillet, iron Baking dish Dish pan Dish drainer Fruit jars, qt. Fruit jars, pt. Jelly glasses Preserving kettle | Serving unit - Buffet - Table - Chairs - Serving table - Rug - Draperies - Q Dinner plates | D | |

Inventory - p. #2

Living room

| - Book shelves |
|----------------------|
| Couch |
| Desk |
| Chairs |
| Tables |
| Lamps |
| Pictures |
| Vases |
| Candlesticks |
| Waste basket |
| Rugs |
| _ Draperies |
| Table runner |
| Curtains |
| Andirons |
| - Fire tongs, shovel |

Laundry

| _ | _Tubs |
|---|-------------------|
| _ | Wash boiler |
| _ | Wash board |
| 1 | Clothes line |
| | Clothes pins |
| _ | Clothes basket |
| | Clothes wringer |
| _ | Electric washer |
| _ | Curtain stretcher |

Medicine cabinet Home Nursing Equipment

| Bed par | l |
|---------|-----------|
| Hot wat | er bottle |
| Ice bag | |
| Thermon | ieter. |
| Basin | |
| Pitcher | • |

Library, list books

Attach list compiled under the following headings:

General Homemaking Foods Clothing Housing Child Care Consumer Education Social Conduct Family Relations Recreation

List of Library Books:

General Homemaking:

- 4-Fundamentals of Home Economics-Jenson, Jenson, Ziller
- 1-Advanced Course in Home Making-Calvert, Smith
- 1-Every Woman's Complete Guide to Home Making-Harris
- 1-Elementary Home Economics-Matthew
- 1-Housewivery-Balderston
- 1-Practical Problems In Home Life-Talbot and others.

Foods:

- 4-Foods and Home Making-Carlotta C. Greer
- 2-The Family's Food-Lanman, McKay, Zuill
- 1-The Boston Cooking School-Farmer
- 1-Let's Study Foods-Harris, Henderson
- 2-Foods-Harris, Henderson
- 1-Meal Planning and Table Service-Bailey
- 3-Everyday Foods-Harris, Lacey
- 1-Foods and Nutrition-Silver
- 1-Better Homes and Garden Cook Book-Better Homes and Gardens
- 1-Food Products-Sherman
- 1-Feeding the Family-Rose

Clothing:

- 1-Machine Sewing-Singers
- 2-Textile Fibers and Their Use-Hess
- 1-Textile Fibers-Dver
- 3-Modern Clothing-Latzke
- 1-Clothes with Characters-Craig, Rush
- 4-Art In Home Clothing-Trilling, Williams
- 3-The Mode in Dress and Home-Dulcie, Donovan
- 1-Fabrics and Dress-Rathbone, Tarpley
- 1-From Thimble to Gown-Van Gilder
- 2-Fabrics and Clothing-McBride, McGowan
- 1-Principles of Clothing-Buttrick
 - 2= 15 d Taste in Dress-McFarland
 - 1-Clothing *Latzke. Quinlan
 - 1-Pattern and Dress Design-Eddy, Wiley
 - 1-Modern Dressmaking Made Easy-Picken
 - 2-Your Clothes and Personality-Ryan
 - 1-Essentials of Design-Winslow

Child Care:

- 1-Happy Childhood-Anderson
- 2-Health and Home Nursing-Douglas
- 1-Child Care and Training-Faegret, Anderson
- 3-Care and Guidance of Children-Goodspeed. Johnson

Consumer Education:

1-Your Meals and Your Money-Hambridge

Social Conduct:

1-Etiquette-Emily Post

2-Behave Yourself-Allen, Briggs

1-If You Please-Allen, Briggs

1-What Is She Like-Brockman

1-Living With Others-Goodrich 1-Gentlemen aren't Sissies-Jonathan

1-Good Manners-McLean

1-It's More Fun When You Know the Rules-Pierce

1-Everyday Manners-Taylor

Family Relations:

3-The Family Relationship-Groves, Skinner, Swenson

3-Everyday Living for Girls-Van Duzer and others. 2-The Boy and His Daily Living-Burnhaur, Jones, Redford