REPORT OF HOMEMAKING EDUCATION PROGRAM

For Session 1944-1945

City or County Leesburg, Va. School Douglass High Teacher L. Constance Subby

Date report completed May 5, 1945

The narrative part of the report should be typed on business size stationery. Please write in the name of the school on each attached sheet. Number each part of the narrative to correspond with the number on the mimeographed report form. Attach additional sheets securely to the mimeographed report form.

- I. The Program:
  (Refer to plan of work sent in last fall in making this section of the report)
  - A. List the problems worked on by years of the homemaking course. List problems worked on by out-of-school groups. See page 6 of this report. Use table given there for reporting instead of reporting here.
  - B. Describe work done by you and your pupils on important personal or family life problems, giving one description of work done with the in-school group and one illustration of work done with O.S.Y. or adults. Include in these two descriptions:
    - 1. Studies which revealed the nature of the problem.
    - 2. Purposes developed by pupil or pupils in dealing with the problem.
    - 3. Significant work done by pupil or pupils in work on the problem both at home and at school.
    - 4. Results.

Attach a copy of any pupil records which helped you and the pupils in discovering and solving the problem described, and in evaluating results achieved.

- C. Outline the program being planned and carried on this spring and summer in production, conservation and processing of food for farm families. (Include here work being done in cooperation with the agriculture teacher under Course 15, or other work being done with families of a similar nature)
  - 1. Tell how adults were reached in the organization of the groups.
  - 2. Give plan of work.
  - 3. Tell what progress has been made to date in working on plans.
- D. Outline tentative plans for summer work with pupils and adults other than work on production and conservation of food.
- E. Describe any participation with other teachers in the instructional program of the school of such nature as elementary homemaking or in-school or out-of-school classes for adults taught cooperatively with distributive education, agriculture, trade and industry, and the like. (Do not include food production and conservation work here).

II. Groups Reached in Program:

## In-School Program

Enrollment and Schedule Data

| е         | o. pupils enroll-   |  |        |                | yr.   |                    | yr.            |                | n yr.          | 12th            |        | T       | _   |
|-----------|---|--|--------|----------------|-------|--------------------|----------------|----------------|----------------|-----------------|--------|---------|-----|
|           |   | В  | G      | В              | .G    | В                  | G              | В              | G              | В               | G      | В       | G   |
|           | d in entire high chool  | 20   | 31     | 19             | 28    | 9                  | 30             | 3              | 12             |                 |        | 51      | 10  |
| o         | o. pupils by years<br>f high school en-<br>olled in vocation-<br>l homemaking classes |  |        |                | 28    |                    | 16             |                | . •            |                 |        |         | 4   |
|           |   | <del>*************************************</del> |        |                |       |                    | •              |                |                | •               |        |         | •   |
|           |   | Н. І   | . I    | H.             | E. I. |                    | H.E.           | III            | Н.             | E. IV           | 7      | Tota    | î . |
|           | . enrolled in high  | В  | G      | В              | -     |                    | 3 L            | G              | В              |                 | }      | В       | G   |
| sc.<br>ye | hool in H. E. by<br>ars of vocational<br>E. course                                    |  | 28     | ,              | 16    | ,                  |                |                |                |                 |        |         | 44  |
|           | Total time in hours First year of   | Secor  | nd ye  | cl<br>er of    | ass w | ork i              | n hom<br>ird y | emaki<br>ear o | ng             |                 | th ye  | ar of   |     |
|           | course  |  | ours   | е              |       | <del> </del>       | cou            | rse            |                |                 | cours  | 30      |     |
|           | 75 hrs.   | 7  | なり     | hrs.           |       |                    |                |                |                |                 |        | •       |     |
| -         | Number enrolled in No. pupils enrolled Girls  | i in e   | exchai | nge c          | lasse | s wit              | h agr          | icult          |                |                 |        |         |     |
|           | No. pupils enrolled   | Girls<br>d in (                                  |        | nge c          | lasse | s wit              | h dis          | tribu          | tive           | educa           | tion.  | .Boys_  | -   |
| _         | Work with elementa<br>Are you helping pup<br>lar work in the ele                      | oils 1   | o de   | velop<br>chool | home  | makin<br><i>No</i> | g exp          | erien          | ces a<br>_Enro | s a pa<br>Llmen | art o: | f the r | egu |
|           | Are any over-age e  | l eneni  | tary   | pupil          | s bei | ng en              | rolle          | din            | regul:         | nr hi           | ah aal | hool ha |     |

## Out-of-School Program

Report below on the nature of the out-of-school classes taught. (Include classes taught in summer, 1944). Do not report, as a class; groups that held less than 4 meetings. The standard length course is 10 lessons with a total of 20 hours instruction.

| No.groups taught.  |  |   |   |  |  |   |
|--------------------|--|---|---|--|--|---|
| Separate and label | No. Meet-  | ·   |   |  |  |   |
|                    |  | Total No.   | İ   |  | enroll   | .ed   |
| for out-of-school  | for each   | hrs. each   | ` Ac  |  |  |   |
| youth*             | group  | group met   | Men   | Women  | Men  | Women   |
|                    |  |   |   |  |  |   |
| -  <u> </u>        |  | ١.  |   | N P  |  | Ì   |
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|                    | 1 0  | 1   | ···   |  | <del></del>  | ļ ———   |
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|                    |  |   |   |  |  | 1   |
|                    |  |   | -   |  |  |   |
| A OSY              | A OSY  | A OSY   |   | 1  |  | l   |
|                    | Separate and label A for adult, OSY for out-of-school youth* | Separate and label A for adult, OSY for out-of-school youth*  No. Meet- ings held for each group  A S | Separate and label A for adult, OSY for out-of-school youth*  No. Meetings held for each group group met  Total No. hrs. each group met | Separate and label A for adult, OSY for out-of-school youth*  No. Meutings held for each group  Total No. hrs. each Result A for adult, OSY for out-of-school youth*  A for each group  Total No. hrs. each Result A for each group met  A for eac | Separate and label A for adult, OSY for out-of-school youth*  No. Meutings held for each group met Men Women  Number has, each group met Men Women  Number has, each group met Men Women | Separate and label A for adult, OSY for out-of-school youth*  No. Meetings held for each group met Separate and label for each group met Separate |

\*Report as OSY classes those organized specifically for the out-of-school youth.
When enrollment is mixed with adults, report as an adult class.

| Cive the number of | f adult classes held in cooperation with the foll      | lowing (     | It is |
|--------------------|--|--------------|-------|
| presumed that the  | enrollment in these groups is included in the ab       |              |       |
| enrollment here).  | General adult education                                | 1            | •     |
|                    | Agricultural education                                 |              |       |
|                    | Distributive education  Trade and industrial education | -<br>-       |       |
|                    | Other agencies serving the community, such as:         | •            | 1     |
|                    | Professional workers council                           | •            |       |
|                    | Parent Teachers Association                            | <del>-</del> |       |
|                    | Health Department                                      | _            |       |

Public Welfare\_\_\_\_\_

Red Cross

Others\_

| /                                       |   |   | 5• ···                 | •  |           |
|---|---|---|------------------------|--|-----------|
|   |   | •                                       |                        |  |           |
| William Branding on                     |   | 1                                       | Minimum Essentials as  | 1  | •         |
| Minimum Essentials as                   |   |   | Recom. by the St.Dept. |  | ·         |
| Recom. by the St. Dept                  | E-uinment                               |   | of Education for a     | Equipment                                    | ,         |
| of Education for a                      | Equipment                               | 0 3 - 4 - 6 -                           | Meximum of 100 Pupils  | on Hand                                      | Condition |
| Maximum of 100 Pupils                   | on Hand                                 | Condition                               | Maximum of 100 rupiles | Oli Henry                                    |           |
| Cleaning equipment                      |   | <b>'</b>                                | Bedroom and home       |  | 1         |
| cont'd.                                 |   |   | nursing equipment      |  |           |
| l bowl brush                            |   |   | Ice bag                |  |           |
| l tub brush                             |   |   | Hot water bottle       | ,  |           |
| Cabinet space for                       |   |   | Basin                  |  |           |
| storing cleaning                        |   | 1                                       | Back rest              |  |           |
| equip. & supplies                       | <del></del>                             |   | Bed table              |  |           |
| 1 carpet sweeper                        |   | 1                                       | Thermometer            |  |           |
| 5 yds.cheese cloth                      | <del></del>                             |   | 2 Trays                |  |           |
| for dust cloths                         |   | +++++++++++++++++++++++++++++++++++++++ | 2 Curved basins        |  |           |
| Tot dust crosss                         |   |   | Forceps                |  |           |
|   | •                                       |   | Cabinet for storing    |  |           |
| Laundry equipment                       |   | 1                                       | Caprillo tor profile   |  |           |
| 2 nevable laundry                       |   | ł                                       | Living room equipment  |  | ļ         |
| tubs, med. size                         |   |   | 1 Couch                |  |           |
| 1 bench for tubs                        | -                                       | .                                       | <b>.</b>               |  | 1         |
| l wash board                            |   | ./                                      | 2 Chairs               |  |           |
| l clothes wringer                       |   |   | l Desk                 |  |           |
| l wash boiler                           |   | <br>                                    | 1 Rug                  |  |           |
| l ironing board                         |   | J                                       | 2-3 lamps              |  | }         |
| l electric iron                         | 7                                       | عي ا                                    | 2 small tables         |  |           |
| Clothes line                            |   | 7                                       | 1 Book case            |  |           |
| 2 doz. clothes pins                     | 1002                                    | 7                                       | Pictures & curtains    |  | ;<br>;;   |
| Cabinet for storing                     | 0                                       |   | 1                      |  | i         |
| laundry equipment                       |   | İ                                       | Dining room equipment  | 1  |           |
| Taundry eduthments                      | *************************************** |   | 1 Table                |  |           |
| - · · · · · · · · · · · · · · · · · · · | 1                                       | 1                                       | 6 or 8 chairs          |  |           |
| Seving equipment                        | ٠ ٨                                     | 7                                       | 1 Cupboard             |  |           |
| 5 sewing machines                       | <del></del> -                           | 1                                       | 1 Buffet or chest      |  | 1         |
| l mirror                                | 3                                       |   | 1 Rug                  |  |           |
| 5 tables                                |   | - J                                     | 1 Set dishes to        |  |           |
| 16-20 chairs                            | 25                                      |   |                        |  |           |
| Scissors, 2 pr.                         |   |   | serve 6 or 8 people    | " ("   | 1 2       |
| 1 pr. pinking                           | <b>i</b> .                              | i                                       | 8 dinner plates        |  |           |
| shears                                  |   |   | 8 bread & butter       | 6  | 1 4       |
| Cabinet                                 |   | _                                       | plates                 | <del></del>                                  |           |
|   |   | 1                                       | 8 cereal saucers       | 1  | -3        |
| Bedroom and home                        |   |   | 8 soup plates          | <u>                                     </u> |           |
| nursing equipment                       |   | 1                                       | 8 cups & saucers       |  |           |
| 1 bed, single                           |   |   | 2 bakers               |  | - 13      |
| Mattress                                |   | 1                                       | l platter              | 1 3  |           |
| Springs                                 |   |   | l cream & sugar        |  |           |
| 1 chest of drawers                      |   |   | l Set glassware        | ł  |           |
| l mirror                                |   |   | 8 water glasses        |  |           |
| l chair                                 |   | -                                       | 8 iced tea glasse      | S  |           |
| <del></del>                             |   |   | 8 fruit juice          |  |           |
| 2 pillows                               |   |   | glasses                | 1  |           |
| l pr. blankets                          |   | <del> </del> <del></del>                | 8 compotes             |  | 1         |
| 4 shcets                                |   | -                                       | H <del>ad</del>        |  | )         |
| 4 pillow cases                          |   |   | 8 glass salad          |  |           |
| 2 bed spreads                           |   | - <del> </del>                          | plates                 |  | -         |
| 12 towels, bath                         | 1                                       | į.                                      | l salt & pepper        |  | L         |
| and face                                |   |   | shakar                 |  |           |
| 6 wash cloths                           |   |   | l water pitcher        |  | 12        |
| 2 bath mats                             |   |   | 1 Set tableware        |  | 0.4       |
| Bed pan                                 |   |   | 8 dinner knives        | 8  |           |
| Bed pad                                 |   |   | 8 dinner forks         | 8  | 1         |
| ned bad                                 | 4 determinant                           |   |                        | 1  | 1         |
|   |   |   |                        |  |           |

| · · · · · · · · · · · · · · · · · · · | ·             | <del></del>       |  |           |           |
|---------------------------------------|---------------|-------------------|--|-----------|-----------|
| Minimum Essentials as                 |               |                   | Minimum Essentials as  |           |           |
| Recom. by the St. Dept.               |               |                   | Recom. by the St.Dept.   |           |           |
| of Education for a                    | Equipment     |                   | of Education for a   | Equipment | -         |
| Maximum of 100 Pupils                 | on Hand       | Condition         | Maximum of 100 pupils  | on Hand   | Condition |
|                                       | 011 110110    | 0011010101        | The second of th |           |           |
| Dining room equipment                 | _)            |                   |  |           |           |
| Cont'd.                               | 8             | $\mathcal{L}_{1}$ |  |           |           |
| 8 tea spoons                          |               | <u> </u>          |  |           |           |
| 8 iced tea spoons                     |               |                   |  |           |           |
| 8 salad forks                         |               |                   |  | '         |           |
| 1 sugar spoon                         |               |                   |  |           |           |
| l butter knife                        | <del></del>   |                   | ,  | ľ         |           |
|                                       | <del></del>   |                   |  |           | ĺ         |
| l set salt & pep-                     | /set          | l es              | 1  |           |           |
| per shakers                           | 1301          |                   |  |           | ,         |
| Table linens                          |               |                   | ŀ  |           |           |
| Flower vases                          |               |                   |  |           | · ·       |
|                                       |               |                   |  |           | ŀ         |
| Equipment for class                   | •             |                   | •  |           |           |
| organization, discus-                 |               | Ì                 |  |           |           |
|                                       |               | 1                 |  | 1         | }         |
| sions, records, etc.                  | ,             | 1 19.             | · .  | Ť.        | <b>i</b>  |
| l Blackboard                          |               |                   | <b>,</b>   | 1         | 1         |
| l Filing cabinet                      |               | <b> </b>          |  |           |           |
| Books & bulletins                     |               |                   |  |           | 1         |
|                                       |               | ,                 | 1  | 1         |           |
| Additional equipment                  | 1.            | 1                 |  | 1         | <u>l</u>  |
| Additional odarpmens                  | ļ             |                   | 1  | }         |           |
|                                       | <del></del>   |                   | 1  | 1.        |           |
|                                       |               | - <del></del>     | 1  | ]         | 1         |
|                                       | ļ <del></del> |                   | •  | İ         | j         |
|                                       |               |                   |  | 1         | 1         |
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| •                                     |               |                   | •  |           |           |
|                                       |               |                   | 1  | <u>J.</u> | 1         |

- B. Attach list of additional equipment needed.
- C. Classification inventory of homemaking books.
  Give number of copies, author, title, publisher, latest copyright date of each book (see reverse side of title page for copyright date). Please consult the librarian in making up this list. Organize this list under the following headings:

General books on homemaking
Health of the family
Feeding the family
Home care of the sick
Housing the family
Clothing the family
Child care and training
Social relations

Personality development
Recreation for the family
Vocations
Consumer education
Books for the home economics teacher
Others

D. Describe or list the improvements you and your girls have made in the home-making department this year.

- IV. Evidences of Progress Made by Individuals Enrolled in the Homemaking Program:
  - A. Give the following information for each year of the high school homemaking course and for the O.S.Y. and adult groups. Label each page accordingly as 1st year home economics, 2nd year home economics, etc., and O.S.Y. and Adult. Refer to "Report of the Committee on a Guide for Teachers in Developing a Three Year Course of Study for Vocational Homemaking."

| Problems Worked On   | No. Weeks Given<br>to Work on Problem | List of Most Significant Improved<br>Practices With Number of Individuals<br>Adopting Same   |
|--|---------------------------------------|--|
| Example: How can I help<br>plan my family's meals<br>to meet the daily nutri-<br>tional needs of its<br>members? | 8                                     | Example: Drink 1 pt. milk daily (10), eat three meals a day regularly (8), eat whole wheat bread (7), eat some yellow vegetables every day (7), etc. |
|  |                                       |  |

Note: You are requested to make a sufficient number of copies of this form to meet your needs for making reports on each year of homemaking in the in-school program and in the adult and out-of+school program.

### B. Home projects

Summary of work on home problems or projects carried by pupils at home and at school during the year 1944-1945.

|   | N    | umber |       |
|---|------|-------|-------|
| Home Projects   | Boys | Girls | Total |
| Care and guidance of children                             |      | ,     |       |
| Consumer buying   |      |       |       |
| Family and social relations (Including recreation)        |      |       |       |
| lealth and home care of the sick                          |      |       |       |
| First aid   |      |       |       |
| Home improvement (interior or exterior)                   |      | 23    |       |
| lomemaking problems that cut across seyeral areas         |      |       |       |
| lome management   |      | 3     |       |
| Joint projects with pupils in agriculture                 |      |       |       |
| Joint projects with pupils in dis-<br>tributive education |      | -     |       |
| Laundering  |      | 2     |       |

B. Home projects (Cont'd.)

| Home Pro   | niects  | Nun<br>Boys                          | ber<br>Girls  | Total   |
|--|---|--------------------------------------|---|---|
|  |   |                                      | 8   |   |
| Personal care and  | Tublovement   | <del></del>                          | <del>-</del>  |   |
| Provision of food<br>Selection, care, or<br>renovation of clos | construction and  |                                      | 10  | · · · · · · · · · · · · · · · · · · ·                         |
| Home Production:   | VIIIII  |                                      | 4   |   |
| Gardens  | •   |                                      | 7   |   |
| Canning  |   |                                      | ,   |   |
| Poultry  |   |                                      |   |   |
| Pigs   |   |                                      |   |   |
| Other  |   |                                      | · · · · · · · · · · · · · · · · · · ·                               |   |
| Unclassified   |   |                                      |   |   |
| Number individual projects                                     | homes visited for the purpose of  visits made during year 27  the home of each pupil enrolled in on and income earning activities is Summarize work done at school and rogram from July 1, 1944 to May 1, t. Include work done by girls and ens No. spring and summer gardens pla | your clanthe home at home at boys in | ion of h<br>isses th<br>memaking<br>is a par<br>nether p<br>homemak | is year? No.  education pro- t of the home- reviously report- |
| (2)  | and cultivated  | ed, plant                            | ed.   |   |
| b. Conse<br>(1)  | ervation of food<br>Food canned:<br>No. quarts vegetables canned  |                                      | ••••••  | •••••   |
|  | No. quarts fruits canned  | * * * • * * * *                      |   | • • • • • • •   |
|  | No. pints of meats canned,,,  | • • • • • • • •                      |   | • • • • • • •   |
|  | (CONTINUED ON NEXT  | PAGE)                                |   |   |

| C. | Pro   | ducti          | on and income earning activit  | ies (Cont'd,)  | •                                       |
|----|-------|----------------|--|--|---|
|    |       | (2)            | Food dehydrated, evaporated, No. pounds of vegetables                |  | • |
|    |       |                | No. pounds of fruits   |  | • |
|    |       | (3)            | Stored:<br>No. bushels of vegetables st                              | ored   | •••••                                   |
|    |       |                | No. bushels fruits stored  | •  | • |
|    | c.    | No.            | chickens raised,   |  | • |
|    | d.    | No.            | pigs raised  | ••••   | • • • • • • • •                         |
|    | ⊖₄    | Clot           | thing:<br>new garments made  | ••••••   | 49                                      |
|    | •     |                | garments renovated   |  |   |
|    |       | No.            | garments repaired  | ••••••   | 12                                      |
|    | f.    |                | articles made for the Red Cro  |  | A management                            |
|    | g.    |                | cellaneous   | ·  |   |
| ÷  |       | (1)            | No, household articles made_   | Repaired   |   |
|    |       | (2)            | No. home nursing or first ai   |  |   |
|    |       | (3)            | Others   |  |   |
|    |       |                |  |  |   |
|    |       |                | •  |  |   |
| D. | Pro   | gram           | on and Income Earning Activit. (Work done as a result of your -945). | ies in <u>Adult Homemaki</u> r instruction from Ju   | ing Education                           |
|    |       |                |  | In Cooperation With  | Exclusive of                            |
| a. | Garde | ens            |  | Course 15  | Course 15                               |
|    | (1)   | No. s<br>plann | spring and summer gardens ned, planted and cultivated                |  |   |
|    | (2)   | No. w          | winter and fall gardens plan- planted and cultivated                 | Proprieta and the Proprieta an |   |
| b. | No. c | hicke          | ens raised   |  | -                                       |
| c. | No. p | igs r          | aised  |  |   |

| D. P: | roduction | and | Income | Earning | Activities | in | Adult | Homemaking | (Cont | d. | ) |
|-------|-----------|-----|--------|---------|------------|----|-------|------------|-------|----|---|
|-------|-----------|-----|--------|---------|------------|----|-------|------------|-------|----|---|

|            | • •    |   | In Cooperation With<br>Course 15                               | Exclusive of<br>Course 15 |
|------------|--------|---|--|---------------------------|
| d.         |        | ervation of food  |  |                           |
|            | (1)    | Food canned:  | ŗ.   |                           |
|            |        | No. qts. vegetables canned  |  |                           |
|            |        | No. qts. fruits canned  |  |                           |
|            |        | No. pts. of meats canned  |  |                           |
|            | (2)    | Food dehydrated, evaporated, or dried: No. pounds of vegetables                       |  | ·                         |
|            |        | •   | <del>                                    </del>                |                           |
|            |        | No. pounds of fruits  |  | ,                         |
|            | (3)    | Stored: No. bushels of vegetables stored  |  |                           |
| •          |        | No. bushels fruits stored   |  |                           |
| •          | In h   | now many homes have you worked with t homemakers during the year?                     |  |                           |
| •          | and    | many families have you helped plan carry out a production and conser-                 |  |                           |
| <b>5</b> • |        | now many neighborhoods did you elop an educational program?                           |  |                           |
| 1.         | No:    | hing: new garments made garments renovated garments repaired                          |  | //                        |
| .•         | No.    | cellaneous household articles made Repaire home nursing or first aid articles made of | dor improvised   |                           |
|            |        | s of the Future Homemaker's Club  | aradipad amenda renewali ini ini ini ini ini ini ini ini ini i |                           |
| Γ          | id yo  | our girls have a club this year? Ves Englished economics clubs who are club members 1 | rollment ## Perc   | ent of pupils             |
| i          | n hon  | ne economics clubs who are club members //  | Number club me   | etings held               |
| Ċ          | luring | g school year *Is your club affilia   | sted with the Future   | Homemakers                |
| c          | f Vir  | rginia?*Will your club send delega  | tes to the rally to  | be held in                |
| t          | he su  | mmer of 1945?*Did your club contr<br>reported by white teachers only;                 | ibute to the camp fu   | nd?                       |

|     | Attac<br>made  | ch a report on the work of the home economics club. (The report should be by the club officers or a committee of club members).  |
|-----|----------------|--|
|     | a.<br>b.<br>c. | Objectives Programs Achievements (School and community service in the war program particularly)  |
| VI. | Oth            | er school and community services:  |
|     | A.             | The school lunch program:<br>Check ways in which you have assisted with the school lunch program:  |
|     |                | Did you have the responsibility for supervising the lunch room in your school? Yes Did you plan the menus? NepedDid you buy the food? No Did you work out a food conservation budget for the lunch room?  No. Did you assist in planning a production program for the foods used in the lunch room? No Did you supervise the canning program for the lunch room? No Did you supervise the canning program for the lunch room? (with or without your help) How many pounds of food were dried or stored for the lunch room? (with or without your help)  Was there a garden for the lunch room - spring months? No summer months? No winter months? No Number weeks lunch was served lunches daily No Number pupils served free lunches daily |
|     | B <sub>*</sub> | Physical and health education program: No. class periods other than those given to homemaking classes devoted to work with high school faculty and pupils in developing this program   |
|     | C.             | The guidance program: No. class periods other than those given to homemaking classes devoted to work with high school faculty and pupils in developing this program.   |
|     | D              | Other services:  |
|     | E.             | Describe that school or community service which was to you and your pupils the most satisfying experience  |

## V

Outline recommendations which you would make for the development of the homemaking education program for in-school and out-of-school groups. (Please give this information regardless of whether you expect to return to this school next year. This is one of the most important sections of the report).

### a. In-school group

(1) How the needs of pupils can be better served through increased enrollment, modification of the schedule, or modification of the offerings of the school.

- (2) The problems that should be worked on in homemaking classes.
- (3) How home visiting may be made more effective.
- (4) The type of records that should be kept and how they should be kept.
- (5) Improvements in housing and equipment needed for the homemaking department.
- (6) How the home economics club may be improved.

## b. Out-of-school group

- (1) Communities in need of service and the type of service needed.
- (2) Suggested ways of reaching these groups and rendering service.

### c. School lunch program

- (1) Improvements needed in space and equipment.
- (2) Improvements needed in operation and management; such as, labor, procurement of food, and use of time and energy in the preparation and serving of food.
- (3) Utilization of the lunch room as a means of enriching the educational experiences of the pupils in the entire school.

### VIII. Records Filed:

The following records have been made and are left in the home economics department for use in program planning next year:

| bart       | ment | for use in program planning next year:   |
|------------|------|--|
| (1)        | Stu  | dies of each pupil enrolled in home economics classes (yes)                            |
| (2)        | (no  | )/Yo   |
| (2)<br>(3) | Pro  | dies of community (yes) (no) NO gress reports for each pupil showing:                  |
|            |      | Froblems worked on (yes) Yes (no)  |
|            |      | Experiences pupil has had at school and at home in working on                          |
|            | C.   | problem (yes) (no) NO  Definite improved practices adopted by each pupil (yes) (no) No |
|            |      | Year's plan of work (yes) (no)   |
|            | е.   | Yearly report (yes) Yes (no)   |
|            |      |  |
|            |      | APPROVED: O.S. Emerich   |
|            |      | Division Superintendent  |
|            |      | APPROVED:  |
|            |      | Principal  |
|            |      |  |

# REPORT OF HOMEMAKING RENCATION PROGRAM NOW SEEM OR 1944-1949

## City or County Leadurg. Va. School Douglass High Teacher L.C. SULLY

## L. The Programs

- As lo Froblems worked on in Home Economics L.
  - 2. Personal Groowing
  - b. Clothing the Family
  - c. Feeding the Family
  - 2. Problems worked on in Home Recommon 11.
    - a. Foeding the Family
    - be Kousing the Faully
    - c. Clothing the Pomily
    - d. Food Preservation
- B. 1. A whit on clothing was introduced to all element in home connects. Economics of scarcity of enterials to make new carrents in order to learn the principles of Clothing Construction, we decided to see how many articles could be made from feed spoke, flour bags and unblesched muclin.
  - 2. Purposee devoloped by pupile in dealing with the problems
    - a. To make use of enterials already on head.
      b. To find out what useful ertiales of clathing and homohold articles can be made from the chargest type of materials.
      - o. To learn simple stitchess fundamentals of elothing construction.
  - 3. Sork dones
    - to high and unbleached muclin were purchased or gathered to Lists were made of usoful articles that enaid be made from them.
    - c. From the list, the setual articles were under

aprono
hitchen curtains
chair covero
dresser scarfe
venity scarfe
pot holders
table cloths
6 piece table set
broce etick skirte
a sun dress

- 40 lesulter
  - a. The articles were really well made.
  - b. Nor were placed on an exhibit
  - c. The pupile gained much from the experience. Only in-school groups were reached
- G. No work has been done here.
- n. Ho plane have been sade.
- R. He work was done here.

- B. All the equipment that we have on hand is checked in III A. III. Unly one room is used for home economics courses. A list of additional equipment was asked for. You can see from the number of blank spaces the additional equipment that we need.
  - Classification myemos.

    General books on homemaking

    L. Harris and Ruston. The New Home Ec. Camilus

    Little, Brown and Company. 1942

- 2. Laitem and Miller Experiences in Homemaking Ginn and Company 1941
- 5. Trilling and Nicholas The Girl and Her Home Houghton Mifflin Company 1940
- 4. Hunter The Girl Today The Toman Tomorrow Allyn and Beass 1941
- 8. Greer Your Home and You Allyn and Bagon\_ 1943

Health of the Family: l. Winslow Healthy Living Charles E. Mirrill Company 1920

2. Ritchie Primer of Sanitation World Book Company 1925

Fooding the Family: l. Silver, Fern Foods and Mutrition D. Appleton\_ Century Company\_ 1941

- 2. Harris and Lacey\_ Everyday Foods Roughton Mifflin Company\_ 1941
  - 3. Hill, Janet Canning, Preserving and Jelly Making Little, Brown and Company\_ 1943
- 4. Baily and Busse\_ Meal Flanning And Table Service The Manual Arts Press\_ 1943
- 5. Begart Sutrition and Physical Fitness W.B. SaunGers Company 1942
  - 6. Stone\_ The Meaning of Mutrition Little, Brown and Company\_ 1943

Home Care of the Sicks None

Housing the Family:

1. Matthews The House and Its Care Little, Brown and Company 1941

2. Matschat Planning The Home Grounds Houghton Mifflin Company 1937

3. Balderston Housewifery
J.B. Lippincott Company 1928

Clothing the Family:

le Hatthews\_\_ Clothing Selection and Care

Little, Brown and Company\_\_ 1936

2. Rathbone and Tarpley Fabrics and Dress Houghton Mifflin Company 1937

Child Care and Training:

L. Rand, Sweeny and Vincent Growth and Development of the Young Child

U.B. Saumders Company 1940

Social Felation: Living With Others American Book Company\_ 1939

Personality Development:

1. Hann\_\_ Good Groowing
Little, Brown and Company\_ 1942

2. Skinner Good Manners for Young Americans Beckley Gardy Company 1932

3. Brookwan What Is She Like? Charles Scribners Sons 1943

Recreation for the Family:

Vocations:

1. Ferris and Moore\_ Girls Who Did E.P. Dutton and Company\_ 1927

2. Smith and Blongh\_ Planning A Career
American Book Company\_ 1936

Consumor Education:

Books for the Home Heaters

Personal
L. Williamson and Lyle Homemaking Ed. In the High School
D. Appleton Century Company 1943

2. Sweetman\_ Wood Selection and Preparation John Wiley and Sone, Incompany 1943 Magazine: Practical Rome Economics D. Improvements Made in homemaking department this year:

1. Repainted Wall and Colling
2. Repainted Chairs
3. Addition Small book shelf.

| Problems Worked On  | To. Teeks Given to<br>Work on Problem | rist of most Significant in-<br>proved Practices With Bumber of<br>Individuals Adopting Same  |  |
|---|---------------------------------------|---|--|
| 1. How can I im-<br>prove my daily<br>habits so that I<br>may become a well<br>ground and chara-<br>ing person?   |                                       | Take daily bath, spenge or tub (21) Use decderants(20) Brush teeth (29) Daily brushing of hair(17) Clean underclothes and socks(26) Airing of sweaters, weelens(14) Decastors(20) Be a good conversationalist and listener(21) Follow Rules of health(24)   |  |
| 2. How can I select Use and Repair Sowing Equipment and How Can I Provide For My Clething needs Through the Development of Abilities in designing, Construct- ing and Remodeling Clothes  |                                       | Repair most any machine trouble (10) Select material suitable for all types of garmonte(21) Test and alter patterns for fit ness(27) Cut out garmont properly economically(22) Fit garmonts properly(19) Use suitable Sawing Frecesses in constructing garmonts(25) From garmonts properly(18) Remodel old garmonts to make them look like new(5) |  |
| Flam My Family Meals to most the daily nutritond needs of its Mem- bers and How Gam I prepare Feeds For my Family's Meals so as to Preserve The Mut- ritive Value of the foods and add to the Falatability and attractiveness of the Meal |                                       | Ency what focus consitute an adequate dist(27) Improves dist for members of family(17) Plan low cost meals for family from avilable foods(12) Apply basic sockery principles skillfully in the preparation of available foods(18) Prepare and serve common foods is a greater variety of ways(18)   |  |

|  | HOMANING II                           | List of Most Significant in-  |
|--|---------------------------------------|---|
| Problems Worked Ca   | No. Neeks Given to<br>Nork on Problem | proved Practices with Emelor<br>of Individuals Adopting Reso  |
| plon by Femily's cals to meet the cally Entrition needs of its members. How Can I propage foods for my pamily's Meals so as to Freserve the Kut-utive value of the foods.  | 12                                    | Flan los cost meals for fundly from spailable foods(18) improve dist of members of the family(8) improve her dist(9) Apply basic scokery principles skillfully in the preparation of spailable foods(12) Tropare and serve common foods in a greater pariety of mays(1)   |
| 2. Housing the Family: How Car I make my Home a safe and Howling place in which to live? How Can I close Home? How Can I improve old places of furniture? How Can I make our sit- chen more Conven- iont, Confortable, and attractive? | <b>.</b>                              | Stero articles in safe manner( Make repairs in furniture step and perches(4) Cares for cleaning equipment properly(10) Make out and Iblios plane for cleaning(5) Refinish furniture satisfactor Arrange Sitchen equipment to save time, energy, and stops(7) Improve Sitchen equipment at Remo(4) Improve Sitchen equipment at school(3)        |
| 3. Clothing the Family:  Now Jan I Jeloot.  Uso, and Repair  Sawing Equipment and Ho. Jan I Pro- vide Por my Cloth- ing meets through the Development of abilities in lesign- ing, sumstructing, and Remodeling Cloth-                 | 1.2                                   | Rech well equipped sowing box (11) Select material suitable for al types of garments(21) Tout and alter patterns for fit mess(24) Cut cat garment properly escentically(28) Pit garments properly(19) Use outtable Sowing Processes 1 constructing garments (26) Press garments properly(18) Admedal old garments to make them look like new(3) |
| 4. See Cen The le-<br>prove cer Estrit-<br>ien through the<br>Procuretion of Car-<br>don and Farm Product.   | Ď                                     | Select and use right method for number Touds(13) Salcot and use equipment bout muited for sach product can- mod(11) Vsc seed judgment and skill in selecting and proparing vego- tables, fruits and meats for complag(12)   |

#### Home Economics Club: v.

A hone economics olub was organized and objectives were drawn up, however only a very few meetings sere hold.

- Programs: 1. The club presented a nutrition 3kit and a Disouccion on the Rules of Health Luring Estional Regro Health week which was vory instructional.
- 2. The Club also presented a faction show at an evening entertalment at the school, showing clothing that the teen-age girl singuld vour. Each garment modeled was used by the vourer.

## VII. a. in- school group

- (1) Increased enrollment would call for increase of space for the teaching of home composion. As the situation is now the enrollment is satisfactory for the space. However, the meeds of the public oan be better served of the sadditional room or rooms, and two teachers of home coonemics. The classrop periods are satisfactory as 90 minutes.
- (2) In our elitation, I think the following problems should be worked on in the henomaking classes:

- (a) Footing the family (b) Clothing the family (c) Developing and Maintaining the Health of the Thelly
- (d) Caring for children (e) Soughes the family
- (2) Making a Rappy Home and a Place for ourselves in the world in which we live
- (8) Home violting may be made more effective by first bringing the parents tegether in some form of an entertainment to get acquainted. For instance, at a mother and daughter banquet. Then a visit is mute to the home you will have not the parent and talking with hor and working with her will become easier. The toucher will have made definite plans for the visit and will bloom har aims and purposes of the visit.
- (4) Reports should be kept of all of the ciris is the dopartness in a filing catinot. The following records chould to kent:

(a) Remo Condition of each Mil

- (b) The duties of each girl in the home
- (c) A Personality Record of cach girl (d) Projects worked on by cash GIFL

(c) Years' plan of work

(2) Yearly report

(8) Improvenance in Henring and equipment needed:

(a) another reen is needed (b) A stove (gas or electric) is needed for classroom work very bealy

(c) Here cosing eachines are needed. There are only

two machines (Kenmores) in the department.

1. Files 6. Cooking Spoons + Forks Floor Covering 5. Dish cloths + Towels Cooking Pans 5. Large table

(6) Improvements for home cocnomics club:

1. Schodule should be made for regular meetings

2. Print a special column in the school's paper, portaining to the sating or health habits of the students

3. Print or make special posters for benefit of entire school body, pertaining to eating habits, good grooming, manners, clothing, or the like.

4. Give more assembly programs

5. Carry on some worth while community project.

b. Out-of-school group

(1) All of the communities are in need of service along the following lines:

(a) Nutrition

(b) Production and Concervation of food

(a) Concervation of Clothing

(2) Committees should beorganized in at least the 4 leading communities, Leesburg, Middleburg, Fureellville, and williaville. The adults could come together at least once a week, however, it would be too big a jeb for one home economics instructor to hold 4 classes a week. She can probably visit each committy every other week. These meetings can be hold during the entire school year.

e. School lunch Program:

(1) Our lunch room is wanting in space more than anything else. It now shares one corner of our home economics ruom.

among needed equipment most are:

(a) Stove

(b) Largo table

(c) Large cooking pots

(E) No suggestions

(3) The lunch room a means of enriching the educational experiences of the pupils, by:

(a) Serving well-balanced lunches

- (b) Displaying posters giving the nutritional value of food
- (c) Eaving pupils choose their foods, making a well-balanced lunch.